## **ARTS & CAMP**

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#### **MUSICWORKS**

MusicWorks develops creativity and expression through music. Participants explore hearing and playing different instruments, create music as a group and enjoy the thrill of becoming song-writers and composers!

Wed 4:00-5:00 pm Fee: \$80/8 weeks

#### SPECIAL NEEDS MOVEMENT

Movement class is designed for pre-school student to work on gross & fine motor skills set to music.

Age: 2-5 years Day: TBD

Fee: \$70/7 weeks

#### **THEATERWORKS**

TheaterWorks integrates music, art, movement into a fun theater experience. A familiar story, song and/or nursery rhyme is chosen each week, and through singing, creating scenes, props and/or costumes, participants will develop communication and social skills, self-confidence and emotional expression. At the end of the program there will be a performance for family and friends.

Thu 4:00-5:00 pm Fee: \$80/8 weeks

#### YMCA CAMP MAHACKENO SPECIAL CARES

This program is for campers in grades 1-5 who need a 1 on 1 counselor. It is a full day camp program.

More information, including session dates & prices can be found on page 18.

## FITNESS & SWIMMING

#### **GOLDFISH (S.N.A.P)**

Special Needs Aquatic Program for children ages 3-12 created exclusively for children with physical and developmental disabilities. Class will meet once a week for thirty minutes, and small class ratios will ensure that each class is designed specifically to meet the needs of each child. Caregiver in-water participation is required.

Member Fee: \$200/7 Weeks Monday 5:00-5:30pm

#### FIT 5

Fit 5 is a fitness program for kids with special needs. The program will focus on exercise, nutrition & hydration. Small groups will be created by appointment.

Age: 8-21 years old Times: By appointment

## SPECIAL OLYMPICS

#### **SPECIAL OLYMPICS TRACK & FIELD**

The spring session of Track & Field is a Unified activity for Special Olympians and typical peers! Athletes may join from March 1-March 31, 2017 (pending available spaces), but must submit medical paperwork before participation.

Age: 8-21 years old

Times: TBD

Fee: There is no fee for this program.

SPECIAL NEEDS SWIM TEAM

### SPECIAL OLYMPICS BASKETBALL TEAM

To participate in the Fall Games, athletes must register by September 30, 2017. All athletes must submit medical paperwork before participation. Please email Jay Jaronko at jjaronko@westporty.org prior to registering.

Ages: 8-21 years old

Times: Sat 8:45-10:30am

Fee: There is no fee for this program.

Unified Partners needed! We are looking for youth, ages 12-21, to help our Special Olympic Athletes succeed!

# Athletes may join at any time between September 2017 and March 2018 (pending available spaces), but must submit medical paperwork before participation. Please email Jay Jaronko at jjaronko@westporty.org for details.

All new swimmers will start at the Beginner level and may move to the Experienced level at the coaches' discretion.

Age: 8-21 years old

Times: Beginners Sun 3:30-5:30 pm

There is no fee for this program.

